



Chronic Disease

The Carepath Chronic Disease Management Program is included in your asrTrust retiree health care benefits, and is a valuable addition to your benefits coverage.

When you are faced with ongoing medical concerns, things change instantly. A few minutes with your doctor is not enough time to ask all the questions you and your family may have. You don't have to go it alone.

Carepath's Chronic Disease program connects you to a Nurse Care Manager who provides personalized support and expert health care system navigation. From diagnosis through treatment and recovery, you and your family can receive assistance to manage all types and stages of chronic disease, including cancer.

HOW WE HELP



Assessment of your current treatment plans to ensure they are consistent with medical best-practice



Virtual medical second opinion, when needed



Helping you to understand your medical condition, and your treatment options



Assistance in finding and accessing local resources, such as physiotherapy, occupational therapy, speech language pathology, dietitian services, pain programs, social workers and other community resources



Facilitate access to tests, treatments and clinical trials



Empowering you to take an active role in your treatment and recovery plan



Develop questions for medical appointments



Ongoing virtual nursing support, health education and coaching

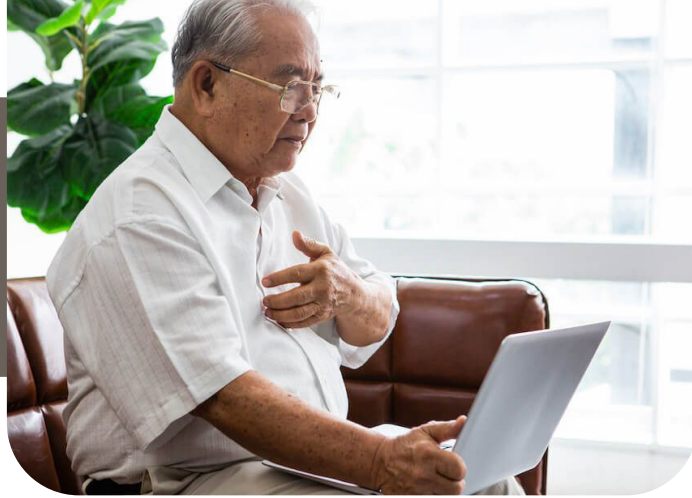


Supporting you throughout navigation to ensure you understand and make informed health care decisions

Call us. We're here to help.

1.866.883.5956

carepath.ca



Elder Care

The Carepath Elder Care Program is included in your asrTrust retiree health care benefits, and is a valuable addition to your benefits coverage.

Carepath's Elder Care Program is the only program in Canada that connects you and your immediate family to a Nurse Case Manager who is here to help you understand your elder care choices. This ensures you get the right care every time.

HOW WE HELP



An initial consultation/assessment with you and your aging loved one



Development of a customized plan of care



Regularly scheduled virtual visits



Assistance in finding local community resources, service providers, specialists and alternate care providers



Assistance navigating sources of funding - government benefits, insurance or private care



Providing information and community resources to ensure the safety and independence for your aging loved one at home



Preparation for any upcoming doctor's and/or other medical appointments, including procedures



Coaching through life changing moments, such as moving into a retirement home, long-term care facility and/or the loss of a spouse



Assistance in finding the right senior living facility when staying at home is no longer safe (retirement, long-term care and/or respite facilities)

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